



# LONGEVITY AND SKIN VIBRANCY PROGRAM

In partnership with La Jolla Sports Club and Chiltonic, Patronus physicians present an intensive on-site multimodal therapeutic regimen focused on longevity and skin vibrancy. This one month program combines IV (Intravenous) therapy, vitamin and antioxidant injections, cryotherapy, and prescription topical agents engineered and designed to provide unsurpassed skin health and vibrancy synergistically.

## THE MODALITIES

### IV THERAPY

Once weekly targeted IV therapy optimizing physical and biochemical function. We use a combination of antioxidants, minerals, vitamins, and other natural compounds to promote detoxification, cell repair, energy, and collagen production. IV therapy allows for the safe administration of higher doses of Glutathione, selenium, biotin, Vitamin C, Cyanocobalamin, and Vitamin B6. In addition, we administer periodic intramuscular injections of Glutathione and B12 depending on skin type.

### FACIAL CRYOTHERAPY

While your IV is infusing, your skin is rapidly cooled to well below freezing in a matter of minutes using a beam of vaporized liquid nitrogen delivered by the revolutionary “cryoprobe.” There is no pain or freezing of the skin associated with this procedure, and it is actually quite soothing. The resulting vasoconstriction, followed by capillary dilation works to contract the skin and accelerate microcirculation, in turn increasing oxygenation of dermal cells, encouraging collagen production and helps detoxify and rejuvenate the skin.

### WHOLE BODY CRYOTHERAPY

Whole body cryotherapy distributes the above benefits over the entire body and provides additional benefits as well. This procedure is quick, taking only 3 minutes. You will stand in a chamber exposed up to your neck in liquid nitrogen gas cooled to a temperature of -150C. The initial endorphin release is amazing, and the biochemical cascade that follows is employed all over the world to enhance athletic performance, weight loss, induce an anti-inflammatory response, aid in toxin elimination, and to improve sleep.

### TOPICAL MEDICATION

Topical compounded prescription medication containing hydroquinone promotes even skin tone, rejuvenation, and reduction or elimination of hyperpigmentation spots.

## BENEFITS

- Restores skin firmness and vibrancy
- Reduces pigmentation or uneven skin tone
- Rejuvenates fatigued skin
- Enhances skin radiance
- Improves elasticity through collagen production
- Improves skin texture and tone
- Lightens scars from prior acne or other skin blemishes
- Treats skin conditions such as eczema
- Promotes overall health and wellbeing when combined with Whole Body Cryotherapy

## THE PROGRAM

Program days are flexible based on a client's availability and scheduling. Consult with Patronus physicians for a customized schedule. Following this intensive four (4) week program, it is recommended that clients maintain results with periodic maintenance treatments that will be recommended individually based on the program experience and results.

### PLAN A

\$1800

*Topical medication to be applied nightly at inception of program*

#### WEEK 1

|  |        |
|--|--------|
| <b>Day 1:</b> Whole Body Cryotherapy followed by combined IV Therapy plus Facial Cryotherapy | 30 min |
| <b>Day 3:</b> Whole Body Cryotherapy + Facial Cryotherapy                                    | 15 min |
| <b>Day 5:</b> Whole Body Cryotherapy + Facial Cryotherapy + <b>IM Glutathione injection</b>  | 15 min |

#### WEEK 2

|  |        |
|--|--------|
| <b>Day 1:</b> Whole Body Cryotherapy followed by combined IV Therapy plus Facial Cryotherapy | 30 min |
| <b>Day 3:</b> Whole Body Cryotherapy + Facial Cryotherapy                                    | 15 min |
| <b>Day 5:</b> Whole Body Cryotherapy + Facial Cryotherapy + <b>B12 injection</b>             | 15 min |

#### WEEK 3

|  |        |
|--|--------|
| <b>Day 1:</b> Whole Body Cryotherapy followed by combined IV Therapy plus Facial Cryotherapy | 30 min |
| <b>Day 3:</b> Whole Body Cryotherapy + Facial Cryotherapy                                    | 15 min |
| <b>Day 5:</b> Whole Body Cryotherapy + Facial Cryotherapy ( <b>no injection</b> )            | 15 min |

#### WEEK 4

|   |        |
|---|--------|
| <b>Day 1:</b> Whole Body Cryotherapy followed by combined IV Therapy plus Facial Cryotherapy        | 30 min |
| <b>Day 3:</b> Whole Body Cryotherapy + Facial Cryotherapy   | 15 min |
| <b>Day 5:</b> Whole Body Cryotherapy + Facial Cryotherapy + <b>IM Glutathione and B12 injection</b> | 15 min |

### PLAN B

\$1600

*Same as Plan A, but no Whole Body Cryotherapy*

### PLAN C

\$1400

*Same as Plan A, but no Whole Body Cryotherapy or Topical Medication*

# PATRONUS

Secure. Global. Medicine.

**BOOK A CONSULTATION TODAY**

Phone: **866.870.1577**

Email: **[lajolla-clinic@patronusmedical.com](mailto:lajolla-clinic@patronusmedical.com)**

Website: **[patronusmedical.com/lajolla](http://patronusmedical.com/lajolla)**

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